



Client–Coach Agreement

This Client–Coach Agreement (“Agreement”) outlines the terms of the coaching relationship between ElevateU Wellness Coaching & Academy (“Coach”) and the undersigned individual (“Client”). This Agreement is designed to ensure clarity, transparency, and a supportive coaching experience.

1. Nature & Scope of Coaching

Health & Wellness Coaching is a collaborative, client-centered process focused on supporting sustainable behavior change, clarity, and personal growth. Coaching is not medical care, psychotherapy, diagnosis, or treatment, and does not replace licensed healthcare or mental health services.

2. Confidentiality & HIPAA-Adjacent Privacy

Coaching conversations are confidential. ElevateU Wellness Coaching & Academy is not a HIPAA-covered entity; however, privacy practices align with healthcare-adjacent standards. Information may be shared with a referring provider or care team only with the Client’s written authorization, except as required by law.

3. Coaching Services & Package Selection

The Client may choose to participate in coaching services through individual sessions or structured coaching packages offered by ElevateU Wellness Coaching & Academy. Available coaching options include individual 60-minute sessions and time-limited coaching packages designed to support sustainable behavior change over a defined period.

Coaching sessions are typically scheduled every other week unless otherwise agreed upon. The specific coaching option selected by the Client, including duration and frequency, is documented in this Agreement and/or associated onboarding materials.

Coaching services are collaborative and client-driven. The Coach does not guarantee outcomes, results, or specific achievements. Progress is dependent on the Client’s

engagement, effort, and circumstances.

4. Payment Selection

The Client agrees to pay for coaching services according to the selected coaching option and pricing in effect at the time of enrollment. Payment options may include pay-in-full prior to the start of services or a monthly payment plan for eligible coaching packages.

All fees, payment schedules, and authorization details are outlined in the Payment Authorization Addendum, which is incorporated by reference into this Agreement.

The Client acknowledges and agrees that all coaching fees are non-refundable, missed or unused sessions are not credited or refunded, and payment plan obligations remain due regardless of session attendance or early termination of coaching services.

5. Scheduling, Rescheduling & Missed Sessions

Sessions are typically scheduled every other week. A minimum of 24 hours' notice is required to reschedule a session. Missed sessions without notice may be forfeited. Coaching packages expire at the end of the agreed program term unless otherwise stated in writing.

6. Client Responsibilities

The Client agrees to arrive on time, engage honestly in the coaching process, and take responsibility for their actions.

7. Termination

Either party may terminate the coaching relationship at any time. Fees already paid are non-refundable. Payment plan obligations remain due for the full package term.

8. Limitation of Liability

Coaching does not guarantee outcomes. The Coach is not liable for the Client's decisions or results.

9. Agreement Acknowledgment

By signing below, the Client acknowledges understanding and agreement with the terms of this Agreement.

Client Name: _____

Client Signature: _____ Date: _____

Coach Signature: _____ Date: _____



Payment Authorization Addendum

This Payment Authorization Addendum (“Addendum”) is incorporated by reference into the ElevateU Client–Coach Agreement. By signing below, the Client authorizes ElevateU Wellness Coaching & Academy to process payments as outlined.

Client & Agreement Reference

Client Name: _____

Associated Client–Coach Agreement Date: _____

Authorized Payment Method (Initial One)

Initial	Payment Method
	Credit / Debit Card
	ACH / Bank Draft

Payment Terms Authorization

The Client authorizes ElevateU Wellness Coaching & Academy to charge the selected payment method for services rendered under the Client–Coach Agreement. For package-based services with a monthly payment plan, charges will occur on a recurring monthly basis according to the agreed schedule until the total package balance is satisfied.

The Client understands that all authorized payments are non-refundable and that payment plan obligations remain due regardless of session attendance, rescheduling, or early termination of coaching services.

Payment Privacy & Data Protection

ElevateU Wellness Coaching & Academy is not a HIPAA-covered entity; however, payment information is handled using healthcare-adjacent privacy and security standards. Financial and payment-related information is collected and stored solely for billing and administrative purposes and is not shared with healthcare providers, referral sources, or third parties except as required to process authorized payments or as required by law.

Payment data is processed through secure, industry-standard payment platforms. ElevateU Wellness Coaching & Academy does not store full credit card or banking details directly.

Authorization & Signatures

Client Signature: _____ Date: _____

Authorized Cardholder Name (if different): _____